

To:Institutions of Higher EducationFrom:NJ Department of HealthDate:April 5, 2023Subject:NJ Parent Link Youth Mental Health & School/Home Partnership Resources

NJ Parent Link is the State of New Jersey's Early Childhood, Parenting and Professional Resource Center, which provides information and resources for expectant parents, families with young children, and professional stakeholders vested in the health and well-being of New Jersey's children and families. The website highlights NJ State services and resources, as well as federal and community resources.

Updates have been made to the NJ Parent Link website to highlight and prioritize content & hyperlinks to youth suicide, crisis & mental health lifelines, helplines, services and resources:

Developmental, Behavioral & Mental Health
Older Siblings, Teens & Young Adults
https://www.nj.gov/njparentlink/developmental/older/

Institutions of higher education are encouraged to utilize and forward the NJ Parent Link to their campuses and various stakeholder groups.

For more information, visit: <u>www.njparentlink.nj.gov</u>.